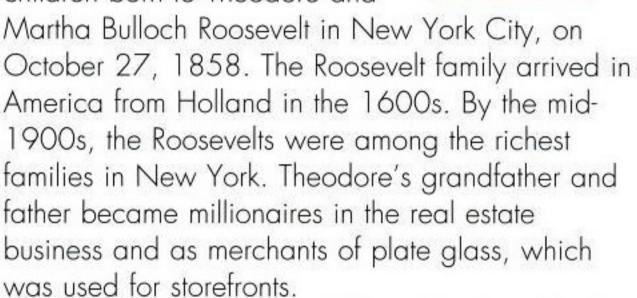
Young Theodore

Theodore Roosevelt, America's twenty-sixth president, was shy as a child. As an adult he became a powerful force in U.S. politics. Theodore was the second of four children born to Theodore and



Theodore had a happy childhood, but he suffered from asthma, a lung condition that can make breathing hard. The asthma made him weak and sickly. Theodore's father told his son that he had a good mind, but he also needed to build a strong body. Theodore took boxing lessons, and his father built a gym in the family's New York City home where Theodore lifted weights and hit punching bags.

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